



Emmett Technique Practitioner Training

Active X

10 Atholl Place, Edinburgh, EH3 8HP

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Times: 9.30am to 5.30pm each day

Venue: **Active X Osteopathic clinic**
10 Atholl Place, Edinburgh, EH3 8HP



Haymarket Station is 5 mins walk away

Directions

Rail: The venue is a 5 min walk from Haymarket Station.

Edinburgh Tram: The venue is a 5 min walk from Haymarket Station. You must buy a ticket from the machines **before** you get on a tram. You could drive to the Ingliston Park & Ride with 1085 free car parking spaces, next to the Edinburgh Airport. This tram links the Edinburgh airport and the city centre.

Fly: Get on the Edinburgh Tram at the airport and alight at Haymarket station. See above.

Bus: Use this link to find your route into Atholl Place: <http://www.lothianbuses.com>

Car: Drive into Murrayfield Avenue (EH12 6AX) or Belgrave Crescent EH4 3AJ (just before Dean Bridge) and park for free at the weekend. 10-15 min walk to Active X venue. Or park at Ingliston Park & Ride next to the airport and get the Edinburgh Tram – alighting at Haymarket station.

Facilities: Tea & coffee provided. Fridge available, but no microwave.

Bring: Your fabric for draping, bolster, pen, optional lunch (Sainsbury's Local is 6 min walk away). M&S Food Store at Haymarket station, and a number of coffee shops nearby. 1