



Emmett Technique Practitioner Training

Binegar, Shepton Mallet, Somerset

More info: Tel: +44 (0) 7932 347 983 judith@everybodysbetter.co.uk

www.everybodysbetter.co.uk

Venue:

Body Balance Yoga Studio, Rookery Farm, Binegar, Radstock BA3 4UL

Driving & Parking:

Parking is available at the centre.

Accommodation:

- You may want to investigate Airbnb www.airbnb.com
- Also Tripadvisor and other hotel websites

Provided:

Morning and afternoon tea and coffee. Training guide.

Wear:

Comfortable loose clothing. Please come prepared to shed outer layers. It is easier to see body landmarks on skin than through clothing. We will drape and make people comfortable. If this is not possible for you, then let me know and we can, of course, plan ways around this for you.

Many female students feel comfortable in vest type tops - the ones with narrow straps and so you may be happy to organise this for yourself if you prefer.

Finger nails must be short.

Please Bring:

2 Towels or similar for draping and a round bolster (if you have one). Massage table if you have indicated you can bring one.

Lunch: Please bring your own lunch with you if you like. There is also a cafe nearby.

I very much look forward to seeing you there. Judith Johnson, 07932 347 983 & judith@everybodysbetter.co.uk