



Emmett Technique Practitioner Training

Newport Pagnell, Nr Milton Keynes

More info: Tel: +44 (0) 7932 347 983 judith@everybodysbetter.co.uk

www.emmett-uk.co.uk

Venue:

Portfields Primary School
Westbury Lane
Newport Pagnell
Milton Keynes
MK16 8PS

1. Parking is available at the venue.
2. We will be starting promptly at 9:00 and finish at approximately 5:00 on both days
3. Comfortable loose clothing. Please come prepared to shed outer layers. It is easier to see body landmarks on skin than through clothing. We will drape and make people comfortable. If this is not possible for you, then let me know and we can, of course, plan ways around this for you.

Many female students feel comfortable in vest type tops - the ones with narrow straps and so you may be happy to organise this for yourself if you prefer.
4. Finger nails must be very
5. Hot drinks will be available during the day and biscuits will also be provided. You may want to bring your lunch with you.
6. If you have any special dietary requirements please make sure that you bring something suitable with you.
7. There are some small shops nearby including a small Co-op Supermarket.
8. *Please bring:*
A large towel for draping and a knee bolster (if you have one). A massage table if you can bring one. Your treatment table should be stable and safe.
Please confirm if you can bring a treatment table.. We will let you know in plenty of time if we need you to bring it.

Accommodation:

Newport Pagnell has hotels and B&B's nearby.

- You may want to investigate Airbnb www.airbnb.com or booking.com
- Also Tripadvisor and other hotel websites

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Provided:

Morning and afternoon tea and coffee. Training guide.

I very much look forward to seeing you there. Judith Johnson, 07932 347 983 & judith@everybodysbetter.co.uk